

NUTILIS CLEAR - NEW SCOOP AND MIXING INSTRUCTIONS


This year descriptions for thickened drinks will change from three stages to four levels – your healthcare professional will refer to them as ‘IDDSI levels’.

What does this mean for you?


The new tin will be available in community pharmacies from mid-May 2018. In order to identify whether you have received the new tin look for: a sticker on the lid, a new green scoop in the tin (which will be smaller than the previous purple scoop), and the new IDDSI directions for use on the label (see table below).

This change affects the number of scoops required to thicken drinks. As a result the thickness of your drink will be different. Please see your Healthcare Professional, e.g. Speech and Language Therapist, GP or Dietitian to confirm the number of scoops of Nutilis Clear that will be needed.

Previous Directions for use:

UK National Descriptors	
Previous Stages per 200ml	Old purple scoop No. of scoops 
Stage 1	1 (3g)
Stage 2	2 (6g)
Stage 3	3 (9g)

New Directions for use:

IDDSI Framework	
New Levels per 200ml	New green scoop No. of scoops 
Level 1	1 (1.25g)
Level 2	2 (2.5g)
Level 3	3 (3.75g)
Level 4	7 (8.75g)

For any general queries please contact the Nutricia Patient and Carer Helpline:

UK – 08457 623653 or resourcecentre@nutricia.com
 NI – 0800 028 3416 or dietitians.ireland@nutricia.com

Nutilis Clear is a Food for Special Medical Purposes for the dietary management of dysphagia and must be used under medical supervision.

